



**COUNSELING NETWORK "GRENZGÄNGER"**  
("Border Crossers")

**Are you worried that someone may be radicalizing?**

**Are you concerned because someone in your environment criticizes your way of believing and wants to aggressively impose his religious way of life on you?**

**Are you worried or afraid for yourself or others because someone justifies or even glorifies violence and terror religiously?**

We are a counseling center in the field of religiously based extremism. We help you if you come into contact with people who sympathize with or spread extremist ideas.

We would be happy to talk to you at your facility, at another location, or by telephone - whatever you prefer. Please feel free to call us. Our counseling center is known in your facility.

IFAK e.V. is a non-governmental organization that volunteers to work for people of all ages, genders or backgrounds.

We advise you anonymously and in privat. This is possible in Arabic, German, English, Kurdish, Russian and Turkish. Our advice is free of charge.



We will be happy to help you! If you have any questions or uncertainties, please feel free to call us. We advise

- Anonymously!
- Free of charge!
- Multilingual!
- Confidential!

**CONTACT**

**COUNSELING NETWORK „GRENZGÄNGER“**

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Ministerium für Kinder, Familie,  
Flüchtlinge und Integration  
des Landes Nordrhein-Westfalen



**COUNSELING CENTER  
IN THE FIELD OF**

**RELIGIOUS  
EXTREMISM**

YOU HAVE TROUBLES, PROBLEMS  
OR QUESTIONS ABOUT FORMS OF  
RADICALIZATION?

GET IN TOUCH!





## OUR CONSULTING APPROACH

Our goal is to use education and counseling to identify radicalization processes, prevent them and take the right action if radicalization has already occurred.

We are a team of psychologists, Islamic scientist, educators and social pedagogists.

We will **advise** you on any troubles, problems, or questions you may have about religious-based extremism.

Conflicts often happen where people live close to each other and have different opinions.

We are here to **support** you and those around you. If you want, we can also **accompany** you to talks with other agencies such as the immigration authority, the youth welfare office or the police.

### **This is important to us:**

We always talk together about how and for how long we can help you!

**We work together with you!**

## HOW CAN WE HELP YOU?

We also offer you psychosocial counseling and therapy in the area of religiously based extremism.

For example, you may come to us when religious-based extremism causes further problems:

- **Fears, sadness, or other mental health problems**
- **Partnership conflicts that also involve religion**
- **Traumatic experiences, for example due to extremist violence**
- **Crises of Faith and life**

We also help you to search further support and refer you to specialist counseling centers in the event of psychological stress or addiction problems.

Get in touch!

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